

## **Seder how to guide and highlights**

In order to do the Seder the right way you need to;

### **Timing is everything!**

*The Seder needs to start on Passover. Passover begins at night fall. So this year April 2020 we need to start the Seder after 8:20pm. If you have yours earlier, please enjoy at least an ounce of Matzah and Maror plus the four cups after that time.*

### **Storytime!**

*Retell the story as best as you can. Read up on it (before the holiday) on the web ~ good site below~ or get books on it, or even the story in the original book of Exodus (in the Chumash/five books of Moses) if that's all you got!*

### **Eat Matzah!**

*Eat at least one ounce in one – reclining - sitting! So grab a piece of Matzah ~ about one whole piece, about an ounce ~ from that box sit down and see how fast you can eat it...try to eat it in under 5 minutes!*

*-We do eat Matzah many other times through out the Seder...feel free to eat some for those times as well –*

### **Bite that Marmor!**

*Ooh...that's rough! But you can do it...eat about 2/3 of an ounce in one bite! Okay, a few bites but the faster you eat it the less you will feel it....*

### **Wine X 4**

*Drink four cups of wine! Real size cups not shot glasses! Like 3 1/2 ounces for each one. Lean to your left while you drink! Each cup has their special place in the Haggadah or at least make sure you say something about Passover before drinking each of them.*

### **Find that Afikomen!**

*Bargain as hard as you can...maybe get your professors Afikomen for an instant A!*

### **Delicious meal**

*A feast for a free man! Eat as much as you can!*

**For lots more info on the Seder, insights, recipes, games, songs, and much more or for information about anything on Passover visit**

**[www.passover.net](http://www.passover.net)**